Wraparound/Coordinated Services Team (CST): Frequently Asked Questions for Parents



Is there a difference between Wraparound and CST?

- Wraparound and Coordinated Services Team (CST) are the same thing
- CST is often referred to as Wraparound

Is it voluntary?

Yes

- To identify and meet the needs of the youth
- For parents and youth to feel more empowered to be their own advocate and so they are able to respond well to future challenges

What is the role of the CST Service Coordinator?

- Perform screening and assessment
- Coordinates and facilitates all CST meetings
- Provides support and advocacy for the family
- Shares knowledge of resources
- Monitors the plan

Who is on the team and how is it decided?

- Family decides who they want on their team
- Examples of team members: siblings, grandparents, aunt/uncles, family friends, neighbors, Pastor, therapist, psychiatrist, school staff, other service providers, etc.

♦ What is the role of a team member?

- Provide support to the family and youth
- Help the youth accomplish their goals
- Provide ideas, insight and feedback

♦ Where do team meetings take place?

- Location is determined by the team
- Held where it is most convenient for team members
- Examples: family's home, school, library, community meeting space, therapist's office

Is there funding to assist in purchasing items/services?

• No

★ What services does Wraparound provide?

- Wraparound is a team process and not a service
- Example: if therapy is needed, the family would pick an in-network community provider that is covered through their insurance coverage.

What have families worked on in the past?

Examples: completing homework, attendance, household rules, chores, hygiene, social skills, coping skills, routines, spending more time together as a family, medication management, obtaining an evaluation from a community provider, attending therapy through a community provider.

Can the process help plan for the needs of the parents or siblings?

 Yes, Wraparound "wraps" around the family unit to meet the needs of parents and siblings.

Will the referring person know if the family enrolls in CST?

 Yes. The referring person will be contacted with the parent's decision to enroll or not enroll.

Are there any programs that would make a youth ineligible to participate in CST at the same time?

- Children's Long Term Support Waiver (CLTS)
- Comprehensive Community Services (CCS)

➡ What does the involvement of the youth look like?

- Ideal for youth to be involved in all steps of the process
- Factors taken into consideration: age, developmental functioning, willingness to participate, and topic(s) being discussed

- 1. Referral is made and received by CST Supervisor
- 2. Referral is assigned to a CST Service Coordinator
- **3.** Service Coordinator contacts family and sets up a Screening apt to review the CST process, learn more about what the family is looking for, and determine eligibility.
- **4.** If the family decides to enroll, the family contacts Mary Ostrander (920-674-3105) to set up opening apt at Human Services building (1541 Annex Rd, Jefferson WI 53549).
- **5.** Upon receiving the opening paperwork, the Service Coordinator contacts the family to set up first assessment apt. The Service Coordinator contacts the referring person to let them know the status of the referral.
- **6.** The family and Service Coordinator complete a comprehensive assessment over a period of 30 days and during this time the family identifies who they want on their team, signs releases, and the Service Coordinator contacts team members to invite them to be on the team.
- 7. The team meets to develop goals within 30 days.
- **8.** The team continues to meet on a regular basis to make plans, assign tasks, address barriers and evaluate progress.